



Longmeadow Primary School

Head: Mr James Berry

Deputy Headteacher: Miss Bronwyn Janes

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Letter No: 07/2026

11th September 2026

Dear Parents/Carers,

As part of our Science learning, we will be exploring the **five basic tastes**: Sweet, Sour, Salty, Bitter and Savoury. The children will be doing this on 1st October.

To make our learning fun and memorable, the children will be taking part in a **food-tasting investigation**. We will be looking at, smelling and tasting different foods and discussing the tastes we can identify.

The foods we will be tasting are:

- **Sweet** – Milk Chocolate
- **Sour** – Lemon
- **Salty** – Plain Salted Crisps
- **Bitter** – Dark Chocolate
- **Savoury** – Cheese and Crackers

All food will be provided by the school, so there is no need to send any food in with your child.

If your child has any **food allergies, intolerances or dietary requirements** that you think we may not already be aware of, please let me know as soon as possible.

The children are going to have lots of fun being *taste scientists* and discovering whether their predictions match what they actually taste!

If you do not want your child to take part please email (year1@longmeadow.herts.sch.uk) or speak to Mrs Robertson at the door.

Thank you for your support.

Kind regards,

Mrs Lorna Robertson
Year 1 Teacher