



Longmeadow Primary School

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1st October 2019

RE: World Mental Health day

Dear parents/carers

Thursday 10th October 2019 is World Mental Health day and to recognise this we are participating in the #helloyellow campaign.

We are inviting the children to come into school wearing yellow. This can be anything from a dash of yellow such as a hair bow to a full blown yellow outfit. We are asking for a £1 donation fee which will be donated to the young minds charity.

The young minds charity are leading the fight for a future where all young minds are supported and empowered, whatever the challenges. They are there to make sure young people get the best possible mental health support and have the resilience to overcome life's difficulties.

The children will have an assembly to introduce the day and will cover some age appropriate mental health topics in their classroom.

Please hand all donations to your child's teacher by 10th October.

We look forward to seeing the children in their yellow outfits!

Kind regards

The Longmeadow Team