



Healthy Lunchbox Ideas

We want to ensure that all packed lunches brought from home and consumed in school (or on school trips) provide pupils with healthy and nutritious food.

This means that there are no chocolate bars, nut products and sweets in children's lunchboxes.

Listed below are a few ideas for your children to have a fun, healthy and nutritious lunch!

Super Salad Wraps

Make an exciting vegetarian salad wrap with crunchy veg for texture and a good hit of cheddar cheese. Perfect for packing into a lunchbox.

- 1 tortilla wrap
- 2 tbsp hummus
- $\frac{1}{4}$ carrot (shredded or grated)
- 4 cucumber sticks
- 1 tbsp salsa
- handful of grated cheese

You're a Star Sarnies

Pop these in little lunchboxes for a cheesy treat come lunch time.

- 2 slices wholemeal bread
- 1 tbsp of red pesto or tomatoes
- $\frac{1}{2}$ tbsp cream cheese

Cut into star shapes and enjoy!



Option 1

- Turkey + Cheddar Roll
- Fresh Berries
- Yogurt
- Crisps

Option 2

- Hummus
- Pita Bread
- Grapes
- Tomatoes
- Cucumbers
- Sliced Oranges

Option 3

- Pasta Salad
- Yogurt
- Granola Bar
- Raspberries

Option 4

- Crackers
- Cheese Cubes
- Grapes
- Granola Bar
- Jelly

Option 5

- Bagel + Cream Cheese
- Yogurt
- Baby Carrots
- Raisins

Option 6

- Cheese Roll
- Crisps
- Strawberries
- Yogurt
- Cucumbers