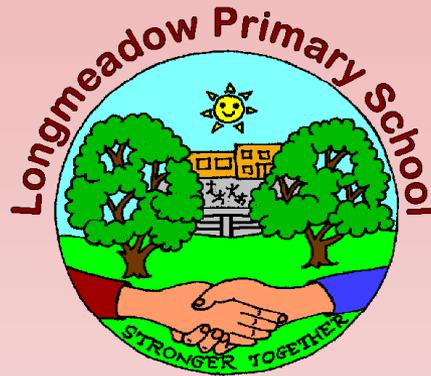# Anti – Bullying Meeting

What is Bullying?

''Behaviour by an individual or group, usually repeated over time, that intentionally hurts another individual or group either physically or emotionally''

Vision:

- Every schools goal should be to eradicate bullying completely. In order to move towards this ultimate goal, I believe that we must ensure that:

- Every member of staff is even more aware of the signs and symptoms of bullying and be vigilant and responsive to all possible bullying.

- Fewer pupils report being bullied

- More pupils would feel confident enough to tell a member of staff if they are being bullied

- More pupils know how to report incidences of bullying and staff understand systems in place.

Where are we now?

We have completed or are completing currently:

Reviewing and updating policies on Anti-bullying and behaviour

Completing activities in all classes during Anti-Bullying week

Completed questionnaires with all parties.

Seeking to gain official recognition of our improved work on prevention of bullying as part of the Hertfordshire Anti-Bullying accreditation programme

Policies:

Issue: As a school it was felt that there was a definite need to involve all stakeholders in a whole school approach to Anti-Bullying and behaviour more regularly, especially with policy making

What we doing?
Sharing aspects of policy with all parties

Children
School council

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Staff
Changes to school policy are and will continue to be looked at in staff meetings, particularly the role of teachers and staff in school.

Parents
Through meetings and feedback sessions run by school with a governor present

Anti Bullying Week:

Issue: As a school, we have not been actively involved in promoting and running a range of activities during 'Anti-Bullying week.

What we doing?
Discuss and revisit the definition of bullying and clarifying with pupils strategies and ways to seek help and prevent bullying happening in school. (Questionnaire results)

Children and Staff:
Providing a range of activities to complete
Building on work completed in PHSCE sessions.
Share staff and pupil roles and responsibilities with classes
Classes will get the opportunity to look at an app made and produced by some pupils from Longmeadow and other schools focusing on 'Cyber-Bullying'

Parents
Information sharing meeting during Anti- Bullying Week.

Questionnaires:

Issue: Up to date parental and pupil voice to gain a clear picture of where we are starting our new journey.

What we doing?
We have completed trial baseline questionnaires with all parties

Children and Staff:
Outcomes: Revisiting definitions of bullying and types of bullying.

What we want to do:
Parents:
Provide parents with a leaflet clearly explaining and giving advice on 'Bullying' identifying the role of the school, pupil and parent.

Questionnaires: What have we find out?

Parental Questionnaire

Question 1: What do you think bullying is?
a) Fighting, hitting and kicking = 76%
b) Arguing and falling out = 0%
c) Teasing and taking the mick = 0%
d)   Deliberately hurtful behaviour, often repeated over a period of time = 16%
e) All of the above was bullying = 76%

Possible signs of bullying could include:

- Name-calling
- Physical – hitting, punching etc.
- Racist and sexist behaviour
- Making threats
- Making people feel small
- Hurtful remarks and personal comments
- Dares – making someone do something they don't want to
- Whispering about others

- Ignoring people and leaving them out
- Mocking differences
- Damaging work or belongings
- Hiding belongings
- Pressurising others to join in inappropriate behaviour
- Other behaviour that makes someone feel unhappy
- Laughing at a hurt of upset person

Cyber Bullying

Cyber bullying is when a person or a group of people use the internet, mobile phones, online games or any other kind of digital technology to threaten, tease, upset or humiliate someone else

Racism

Racist bullying can range from thoughtless remarks, which are not intended to be hurtful, to deliberate physical attacks causing serious injury.

Racist bullying can be identified by the motivation of the bully, the language used, and/or by the fact that victims are singled out because of the colour of their skin, the way they talk, their ethnic grouping or by their religious or cultural practices.

Homophobia

Is defined as bullying that is motivated by prejudice against a person's actual or perceived sexual orientation or gender identity. Homophobic bullying may be an isolated incident or a repeated pattern of behaviour. It can range from poor use of language and simple comments to physical violence.

Questionnaires: What have we find out?

Question 2: Do you believe you child has ever been bullied at Longmeadow?
a) Never = 52%
b) Once or twice = 36%
c) Sometimes = 16%
d) All of the time = 2%
e) Don't know = 8%

Question 3: What do you think the school could do to prevent bullying?

Question 4: What do you think overall of the behaviour of the children at Longmeadow?
a) Good = 64%
b) Not good = 6%
c) Average – same as most schools = 44%

Question 5 : How do you feel the behaviour of the children could be improved?

Where else can I get help or advice?

- www.beatbullying.org

- www.childline.org.uk

- www.kidscape.org.uk

- www.thinkuknow.co.uk

- www.bullying.co.uk

- www.nspcc.org.uk

- http://www.anti-bullyingalliance.org.uk/

What are we doing well or could do better at?